GUMBO FOR YOUR SOUL



Story Ideas

With over three centuries of history and connections to Native American, European, African, and Acadian influences, St. Landry Parish is the perfect place for a traveler looking to steep themselves in the genuine culture of Louisiana, be it through music, food, genealogy, or the outdoors.

 Opelousas is the Zydeco Capital of the World, the birthplace of Clifton Chenier who popularized the genre.

◆ The word "zydeco" evolved from the French phrase "les haricots (pronounced lay-Zah-ree-coe) sont pas sales". It literally means "the snapbeans are not salty," a metaphor for tough times when people could not afford salt meat to season their food.

Film archives, spanning 25 years, of the Original Southwest LA Zydeco Music Festival may be viewed at the Opelousas Museum & Interpretive

Center.



- From boudin to sweet potatoes and a little seasoning on the side - St. Landry Parish is the "Prairie Home Cooking" loop of Louisiana Culinary Trails and home to internationally-known Tony Chachere's Creole Cajun Seasoning. Bayou Teche Brewing features its own brand of craft beers custom-made to compliment local Cajun and Creole cuisine.
- St. Landry Parish instrument makers: Tom's Fiddle & Bow, Marc Savoy accordions, Key of Z rubboards, Heritage Accordions.
- Cycle the backroads and canoe the backwaters of Cajun Country with Cycle Zydeco and Tour du Teche.
- Cajun Music Hall of Fame & Museum, located in Eunice, helps to preserve and showcase the history of this region's unique form of music.
- Come to the country for the Courir de Mardi Gras in Eunice. This tradition dates back to the late 19th century. This chicken-chase-on-horseback tradition was abandoned for a few years during World War II, but in 1946, a small band of riders revived the practice. Today, the courir has hundreds of participants and takes place during a five-day festival.
- From bush tracks and trail rides to racinos and rodeo champions the horse industry continues to thrive in St. Landry Parish, the Equine Capital of Louisiana.
- ◆ The Orphan Train Museum explains how Opelousas became home for children from the New York Founding Hospital. The museum is the only one of its kind in Louisiana and the second in the nation.
- Acadiana's Antique Capital Washington. There are over 150 dealers in this old steamboat town with a semi-annual fair that attracts hundreds.
- Celebrating 200 years, the Academy of the Sacred Heart in Grand Coteau stands as the second-oldest institution of learning west of the Mississippi River. It's also the site of a Vatican-approved miracle.

With original records going back to the 1700s, the St. Landry Parish Courthouse is perfect to find primary sources and genealogy research.

Still Rising: Free People of Color is an exhibit at the Opelousas Museum & Interpretive Center detailing the history of this influential demographic.

Louisiana is often called the "Hollywood of the South". St. Landry Parish has been the backdrop of movies ranging from classics like Easy Rider to hits like Free State of Jones.



Festivals

Courir de Mardi Gras EUNICE, LOUISIANA

Opelousas Mardi Gras Celebration OPELOUSAS, LOUISIANA

Washington Community Festival WASHINGTON, LOUISIANA

World Championship Crawfish Étouffée Cookoff
EUNICE, LOUISIANA

Here's the Beef Cookoff OPELOUSAS, LOUISIANA

Top of the Teche
LEONVILLE, LOUISIANA

Cycle Zydeco
VARIOUS COMMUNITIES AROUND
ACADIANA

Étouffée Festival ARNAUDVILLE, LOUISIANA

Herb & Garden Festival
SUNSET, LOUISIANA

Juneteenth Folklife Celebration
OPELOUSAS, LOUISIANA

Sportsmen's Heritage Festival KROTZ SPRINGS, LOUISIANA

Lebeau Zydeco Festival
LEBEAU, LOUISIANA

Fête-Dieu du Teche
LEONVILLE, LOUISIANA

Southwest LA Zydeco Music Festival OPELOUSAS, LOUISIANA

Tour du Teche 135-Mile Boat & Paddle RacePORT BARRE, LOUISIANA

Sweet Dough Pie Festival GRAND COTEAU, LOUISIANA

Holy Ghost Creole Festival OPELOUSAS, LOUISIANA

Cracklin Festival PORT BARRE, LOUISIANA



